

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 14:00
Heat: 1/8 Lane : 3 Athlete: VAN GINKEL KAAAT			Q-time: 00:48:70
PB (25m pool): 00:52.07 Nijlen 16/11/2025			PB (50m pool): 00:48.70 SB: no time
	2 5 M	5 0 M	
PB		00:52.07	
		00:52.07	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 14:01
Heat: 2/8 Lane : 3 Athlete: DILLEN LOTTE			Q-time: 00:41:12
PB (25m pool): 00:45.77 Nijlen 16/11/2025			PB (50m pool): 00:41.12 SB: no time
	2 5 M	5 0 M	
PB		00:45.77	
		00:45.77	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/8 Lane : 3 Athlete: VAN CAUWENBERGE NORAH			Q-time: 00:37:54
PB (25m pool): 00:37.54 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:37.54 SB: no time
	2 5 M	5 0 M	
PB		00:37.54	
		00:37.54	
			

Coach feedback:

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Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/8 Lane : 4 Athlete: WYNANTS FRÉ			Q-time: 00:38:11
PB (25m pool): 00:38.69 Herentals 17/05/2025			PB (50m pool): 00:38.11 SB: no time
	2 5 M	5 0 M	
PB		00:38.69	
		00:38.69	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 14:04
Heat: 4/8 Lane : 3 Athlete: NEUVILLE AXELLE			Q-time: 00:35:69
PB (25m pool): 00:36.02 Nijlen 01/03/2026			PB (50m pool): 00:35.69 SB: no time
	2 5 M	5 0 M	
PB		00:36.02	
		00:36.02	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 14:04
Heat: 4/8 Lane : 4 Athlete: NEUVILLE ALIZÉE			Q-time: 00:35:99
PB (25m pool): 00:36.02 Nijlen 01/03/2026			PB (50m pool): 00:35.99 SB: no time
	2 5 M	5 0 M	
PB		00:36.02	
		00:36.02	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 14:05
Heat: 5/8 Lane : 6 Athlete: GEELEN GUUSJE			Q-time: 00:35:62
PB (25m pool): 00:36.71 Nijlen 01/03/2026			PB (50m pool): 00:35.62 SB: no time
	2 5 M	5 0 M	
PB		00:36.71	
		00:36.71	
			

Coach feedback:

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Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:06
Heat: 6/8 Lane : 6 Athlete: LAUREYSENS JUTTA			Q-time: 00:34:48
PB (25m pool): 00:36.30 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:34.48 SB: no time			
	2 5 M	5 0 M	
PB		00:36.30	
		00:36.30	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:07
Heat: 7/8 Lane : 6 Athlete: SELS SOFIE			Q-time: 00:32:43
PB (25m pool): 00:32.43 Nijlen 16/11/2025 PB (50m pool): 00:33.95 SB: no time			
	2 5 M	5 0 M	
PB		00:32.43	
		00:32.43	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 14:11
Heat: 2/9 Lane : 3 Athlete: LENAERTS RUBEN			Q-time: 00:43:78
PB (25m pool): no time PB (50m pool): 00:43.78 SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:12
Heat: 3/9 Lane : 4 Athlete: CAMBRé ARTHUR			Q-time: 00:38:45
PB (25m pool): 00:40.21 Aarschot 26/04/2026 PB (50m pool): 00:38.45 SB: no time			
	2 5 M	5 0 M	
PB		00:40.21	
		00:40.21	
			

Coach feedback:

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Event number: 2: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:12
Heat: 3/9 Lane : 6 Athlete: VANHAESEBROECK LOUIS-EMILE			Q-time: 00:42:76
PB (25m pool): 00:43.46 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:42.76 SB: no time			
	2 5 M	5 0 M	
PB		00:43.46	
		00:43.46	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:17
Heat: 7/9 Lane : 3 Athlete: KEKEC SAMIR			Q-time: 00:28:97
PB (25m pool): 00:28.97 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:29.55 SB: no time			
	2 5 M	5 0 M	
PB		00:28.97	
		00:28.97	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 14:18
Heat: 8/9 Lane : 1 Athlete: WYNANTS WARD			Q-time: 00:28:64
PB (25m pool): 00:28.64 Aarschot 26/04/2026 PB (50m pool): 00:29.14 SB: no time			
	2 5 M	5 0 M	
PB		00:28.64	
		00:28.64	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:2, starttime: 14:22
Heat: 2/2 Lane : 2 Athlete: BAKELANTS JULIA			Q-time: 00:49:33
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

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Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:2, starttime: 14:22
Heat: 2/2 Lane : 5 Athlete: DE VIJLDER RIKKE			Q-time: 01:00:15
PB (25m pool): 01:00.15 Arendonk 30/11/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		01:00.15	
		01:00.15	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:2, starttime: 14:25
Heat: 2/8 Lane : 4 Athlete: VAN HASSEL FEMKE			Q-time: 00:52:59
PB (25m pool): no time			PB (50m pool): 00:52.59 SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:27
Heat: 3/8 Lane : 2 Athlete: VAN GINKEL LOES			Q-time: 00:42:61
PB (25m pool): 00:42.61 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:42.61	
		00:42.61	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 14:28
Heat: 4/8 Lane : 5 Athlete: VAN CAUWENBERGE NORAH			Q-time: 00:40:29
PB (25m pool): 00:40.29 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:40.29	
		00:40.29	
			

Coach feedback:

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Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 14:30
Heat: 5/8 Lane : 1 Athlete: CROONEN LIZE			Q-time: 00:38:44
PB (25m pool): 00:38.44 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:40.43 SB: no time			
	2 5 M	5 0 M	
PB		00:38.44	
		00:38.44	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 14:30
Heat: 5/8 Lane : 5 Athlete: VAN BUGGENHOUT ISHANA			Q-time: 00:38:43
PB (25m pool): 00:38.43 Nijlen 16/11/2025 PB (50m pool): 00:41.65 SB: no time			
	2 5 M	5 0 M	
PB		00:38.43	
		00:38.43	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:32
Heat: 7/8 Lane : 1 Athlete: BASSTANIE LIENE			Q-time: 00:34:78
PB (25m pool): 00:34.78 Hoogstraten 28/09/2025 PB (50m pool): 00:36.42 SB: no time			
	2 5 M	5 0 M	
PB		00:34.78	
		00:34.78	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:32
Heat: 7/8 Lane : 4 Athlete: SELS SOFIE			Q-time: 00:34:02
PB (25m pool): 00:33.53 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:35.31 SB: no time			
	2 5 M	5 0 M	
PB		00:33.53	
		00:33.53	
			

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 14:38
Heat: 3/7 Lane : 2 Athlete: LENAERTS RUBEN			Q-time: 00:44:45
PB (25m pool): 00:44.75 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.75	
		00:44.75	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 14:38
Heat: 3/7 Lane : 3 Athlete: VANHAESEBROECK LOUIS-EMILE			Q-time: 00:40:96
PB (25m pool): 00:40.96 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:46.49 SB: no time
	2 5 M	5 0 M	
PB		00:40.96	
		00:40.96	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 14:39
Heat: 4/7 Lane : 2 Athlete: VAN DOOREN WITSE			Q-time: 00:36:64
PB (25m pool): 00:39.85 Aarschot 04/05/2025			PB (50m pool): 00:36.64 SB: no time
	2 5 M	5 0 M	
PB		00:39.85	
		00:39.85	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 14:41
Heat: 5/7 Lane : 1 Athlete: GISCA DANIIL			Q-time: 00:34:71
PB (25m pool): 00:35.66 Aarschot 26/04/2026			PB (50m pool): 00:34.71 SB: no time
	2 5 M	5 0 M	
PB		00:35.66	
		00:35.66	
			

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 14:41
Heat: 5/7 Lane : 2 Athlete: SEYMUS AXEL			Q-time: 00:34:21
PB (25m pool): 00:34.21 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:40.85 SB: no time			
	2 5 M	5 0 M	
PB		00:34.21	
		00:34.21	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 14:41
Heat: 5/7 Lane : 6 Athlete: THIJSBAERT NIO			Q-time: 00:35:67
PB (25m pool): 00:35.67 Aarschot 26/04/2026 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:35.67	
		00:35.67	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 14:43
Heat: 7/7 Lane : 3 Athlete: VAN DOOREN WARRE			Q-time: 00:29:32
PB (25m pool): 00:29.32 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:29.88 SB: no time			
	2 5 M	5 0 M	
PB		00:29.32	
		00:29.32	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MIXED 10-9			Heat:2, starttime: 14:46
Heat: 2/2 Lane : 2 Athlete: VAN LOOY MAREN			Q-time: 00:49:80
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 6: 50M BACKSTROKE MIXED 10-9				Heat:2, starttime: 14:46
Heat: 2/2 Lane : 4 Athlete: DE VIJLDER RIKKE				Q-time: 00:48:69
PB (25m pool): 00:50.50 Hoogstraten 28/09/2025				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		00:50.50		
	00:50.50			
				

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 15:08
Heat: 1/10 Lane : 2 Athlete: VAN REGEMORTER ILOUKA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 15:08
Heat: 1/10 Lane : 3 Athlete: SELS SOFIE					Q-time: 99:99:99
PB (25m pool): 01:14.67 Stedelijk Zwembad Geel 11/02/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.67	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:13
Heat: 3/10 Lane : 4 Athlete: VAN GINKEL LOES					Q-time: 01:36:81
PB (25m pool): 01:36.81 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.06		01:36.81	
	00:44.06		00:52.75		
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:13
Heat: 3/10 Lane : 5 Athlete: VAN GINKEL KAAT					Q-time: 01:38:71
PB (25m pool): 01:38.71 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.31		01:38.71	
	00:45.31		00:53.40		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:13
Heat: 3/10 Lane : 6 Athlete: VAN CAUWENBERGE NORAH					Q-time: 01:40:55
PB (25m pool): 01:40.55 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.22		01:40.55	
	00:49.22		00:51.33		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:17
Heat: 5/10 Lane : 1 Athlete: DILLEN HANNE					Q-time: 01:30:08
PB (25m pool): 01:30.08 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.64		01:30.08	
	00:40.64		00:49.44		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:17
Heat: 5/10 Lane : 5 Athlete: CLAES SIEN					Q-time: 01:29:84
PB (25m pool): 01:29.84 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.15		01:29.84	
	00:43.15		00:46.69		
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:19
Heat: 6/10 Lane : 4 Athlete: WYNANTS FRÉ					Q-time: 01:24:71
PB (25m pool): 01:24.71 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.62		01:24.71	
	00:39.62		00:45.09		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:21
Heat: 7/10 Lane : 1 Athlete: CLAES JADE					Q-time: 01:22:06
PB (25m pool): 01:22.06 Hoogstraten 28/09/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.06	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:21
Heat: 7/10 Lane : 2 Athlete: VAN BUGGENHOUT ISHANA					Q-time: 01:20:81
PB (25m pool): 01:20.81 Heist Op Den Berg 11/01/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.81	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:21
Heat: 7/10 Lane : 3 Athlete: GEELEN GUUSJE					Q-time: 01:20:54
PB (25m pool): 01:20.54 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.41		01:20.54	
	00:36.41		00:44.13		
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:21
Heat: 7/10 Lane : 4 Athlete: CROONEN LIZE					Q-time: 01:20:59
PB (25m pool): 01:20.59 Aarschot 26/04/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.73		01:20.59	
	00:38.73		00:41.86		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:21
Heat: 7/10 Lane : 6 Athlete: NEUVILLE ALIZÉE					Q-time: 01:22:97
PB (25m pool): 01:22.97 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.28		01:22.97	
	00:38.28		00:44.69		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:23
Heat: 8/10 Lane : 1 Athlete: NEUVILLE AXELLE					Q-time: 01:20:28
PB (25m pool): 01:20.28 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.03		01:20.28	
	00:38.03		00:42.25		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:23
Heat: 8/10 Lane : 2 Athlete: LAUREYSENS JUTTA					Q-time: 01:18:35
PB (25m pool): 01:18.35 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.58		01:18.35	
	00:36.58		00:41.77		
					

Coach feedback:

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Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:23
Heat: 8/10 Lane : 4 Athlete: VERMAELEN MIYA					Q-time: 01:17:76
PB (25m pool): 01:17.76 Mol 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.30		01:17.76	
	00:36.30		00:41.46		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:25
Heat: 9/10 Lane : 2 Athlete: BASSTANIE LIENE					Q-time: 01:15:88
PB (25m pool): 01:15.88 Hoogstraten 28/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.88	
	no time				
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:33
Heat: 3/6 Lane : 1 Athlete: CAMBRé ARTHUR					Q-time: 01:25:40
PB (25m pool): 01:25.40 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.86		01:25.40	
	00:39.86		00:45.54		
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:33
Heat: 3/6 Lane : 2 Athlete: GISCA DANIIL					Q-time: 01:20:31
PB (25m pool): 01:20.31 Hoogstraten 28/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.31	
	no time				
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 8: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:37
Heat: 5/6 Lane : 3 Athlete: VERDONCK STAN					Q-time: 01:08:91
PB (25m pool): 01:08.91 Aarschot 26/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.09		01:08.91	
	00:32.09		00:36.82		
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:39
Heat: 6/6 Lane : 1 Athlete: VAN DOOREN WARRE					Q-time: 01:06:83
PB (25m pool): 01:06.83 Aarschot 26/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.71		01:06.83	
	00:29.71		00:37.12		
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:39
Heat: 6/6 Lane : 5 Athlete: WYNANTS WARD					Q-time: 01:06:47
PB (25m pool): 01:06.47 Mol 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.44		01:06.47	
	00:30.44		00:36.03		
					

Coach feedback:

Event number: 9: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 15:46
Heat: 3/3 Lane : 2 Athlete: BAKELANTS JULIA					Q-time: 01:36:95
PB (25m pool): 01:36.95 Nijlen 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.95	
	no time				
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 9: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 15:46
Heat: 3/3 Lane : 3 Athlete: GISCA KOSTYA					Q-time: 01:31:89
PB (25m pool): 01:31.89 Nijlen 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.89	
	no time				
					

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 16:12
Heat: 2/9 Lane : 2 Athlete: VAN REGEMORTER ILOUKA					Q-time: 00:59:42
PB (25m pool): no time					PB (50m pool): 00:59.27 SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 16:12
Heat: 2/9 Lane : 3 Athlete: VAN HASSEL FEMKE					Q-time: 00:56:03
PB (25m pool): 00:56.03 Nijlen 16/11/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		00:56.03			
	00:56.03				
					

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 16:12
Heat: 2/9 Lane : 5 Athlete: MOERNAUT AMELIA					Q-time: 01:00:06
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 16:13
Heat: 3/9 Lane : 4 Athlete: DILLEN HANNE			Q-time: 00:51:91
PB (25m pool): 00:52.41 Nijlen 16/11/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:52.41	
		00:52.41	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 16:13
Heat: 3/9 Lane : 5 Athlete: DILLEN LOTTE			Q-time: 00:53:21
PB (25m pool): 00:53.21 Nijlen 16/11/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:53.21	
		00:53.21	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 16:17
Heat: 6/9 Lane : 1 Athlete: WYNANTS FRé			Q-time: 00:43:34
PB (25m pool): 00:43.99 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.99	
		00:43.99	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 16:17
Heat: 6/9 Lane : 2 Athlete: GEELEN GUUSJE			Q-time: 00:42:78
PB (25m pool): 00:42.78 Nijlen 16/11/2025			PB (50m pool): 00:43.46 SB: no time
	2 5 M	5 0 M	
PB		00:42.78	
		00:42.78	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 16:17
Heat: 6/9 Lane : 3 Athlete: CROONEN LIZE			Q-time: 00:42:15
PB (25m pool): 00:42.90 Nijlen 16/11/2025			PB (50m pool): 00:42.15 SB: no time
	2 5 M	5 0 M	
PB		00:42.90	
		00:42.90	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 16:19
Heat: 7/9 Lane : 2 Athlete: NEUVILLE AXELLE			Q-time: 00:41:18
PB (25m pool): 00:41.18 Herentals 09/05/2026			PB (50m pool): 00:43.01 SB: no time
	2 5 M	5 0 M	
PB		00:41.18	
		00:41.18	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 16:19
Heat: 7/9 Lane : 5 Athlete: LAUREYSENS JUTTA			Q-time: 00:41:20
PB (25m pool): 00:41.40 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:47.46 SB: no time
	2 5 M	5 0 M	
PB		00:41.40	
		00:41.40	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 16:19
Heat: 7/9 Lane : 6 Athlete: NEUVILLE ALIZÉE			Q-time: 00:41:91
PB (25m pool): 00:41.91 Herentals 09/05/2026			PB (50m pool): 00:43.29 SB: no time
	2 5 M	5 0 M	
PB		00:41.91	
		00:41.91	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 16:20
Heat: 8/9 Lane : 5 Athlete: VERMAELEN MIYA			Q-time: 00:39:21
PB (25m pool): 00:39.21 Herentals 17/05/2025			PB (50m pool): 00:39.82 SB: no time
	2 5 M	5 0 M	
PB		00:39.21	
		00:39.21	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 16:21
Heat: 9/9 Lane : 1 Athlete: BASSTANIE LIENE			Q-time: 00:37:77
PB (25m pool): 00:37.77 Nijlen 16/11/2025			PB (50m pool): 00:39.46 SB: no time
	2 5 M	5 0 M	
PB		00:37.77	
		00:37.77	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 16:28
Heat: 5/9 Lane : 4 Athlete: THIJSBAERT NIO			Q-time: 00:39:44
PB (25m pool): 00:39.81 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:39.52 SB: no time
	2 5 M	5 0 M	
PB		00:39.81	
		00:39.81	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:6, starttime: 16:29
Heat: 6/9 Lane : 6 Athlete: SEYMUS AXEL			Q-time: 00:37:50
PB (25m pool): 00:37.69 LEUVEN 23/11/2025			PB (50m pool): 00:37.50 SB: no time
	2 5 M	5 0 M	
PB		00:37.69	
		00:37.69	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 16:30
Heat: 7/9 Lane : 2 Athlete: VERDONCK STAN			Q-time: 00:34:87
PB (25m pool): 00:34.87 Aarschot 26/04/2026			PB (50m pool): 00:35.56 SB: no time
	2 5 M	5 0 M	
PB		00:34.87	
		00:34.87	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 16:30
Heat: 7/9 Lane : 5 Athlete: WYNANTS WARD			Q-time: 00:34:88
PB (25m pool): 00:34.88 Hoogstraten 28/09/2025			PB (50m pool): 00:36.04 SB: no time
	2 5 M	5 0 M	
PB		00:34.88	
		00:34.88	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 16:31
Heat: 8/9 Lane : 6 Athlete: KEKEC SAMIR			Q-time: 00:34:44
PB (25m pool): 00:34.44 Nijlen 16/11/2025			PB (50m pool): 00:36.31 SB: no time
	2 5 M	5 0 M	
PB		00:34.44	
		00:34.44	
			

Coach feedback:

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 16:37
Heat: 3/3 Lane : 4 Athlete: GISCA KOSTYA			Q-time: 00:37:19
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 16:37
Heat: 3/3 Lane : 5 Athlete: VAN LOOY MAREN			Q-time: 00:38:95
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 16:38
Heat: 1/11 Lane : 3 Athlete: MOERNAUT AMELIA			Q-time: 00:45:44
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:40
Heat: 2/11 Lane : 1 Athlete: VAN REGEMORTER ILOUKA			Q-time: 00:43:11
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:40
Heat: 2/11 Lane : 3 Athlete: VAN HASSEL FEMKE			Q-time: 00:39:72
PB (25m pool): 00:43.43 Nijlen 16/11/2025			PB (50m pool): 00:39.72 SB: no time
	2 5 M	5 0 M	
PB		00:43.43	
	00:43.43		
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:41
Heat: 3/11 Lane : 2 Athlete: VAN GINKEL KAAT			Q-time: 00:38:00
PB (25m pool): 00:38.00 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:38.00	
		00:38.00	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:41
Heat: 3/11 Lane : 4 Athlete: VAN GINKEL LOES			Q-time: 00:37:66
PB (25m pool): 00:37.66 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.66	
		00:37.66	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:42
Heat: 4/11 Lane : 3 Athlete: VAN CAUWENBERGE NORAH			Q-time: 00:35:15
PB (25m pool): 00:41.58 Nijlen 17/11/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:41.58	
		00:41.58	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:42
Heat: 4/11 Lane : 4 Athlete: CLAES SIEN			Q-time: 00:36:41
PB (25m pool): 00:37.44 Nijlen 16/11/2025			PB (50m pool): 00:36.41 SB: no time
	2 5 M	5 0 M	
PB		00:37.44	
		00:37.44	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:42
Heat: 4/11 Lane : 5 Athlete: DILLEN LOTTE			Q-time: 00:37:22
PB (25m pool): 00:37.22 Nijlen 16/11/2025			PB (50m pool): 00:36.92 SB: no time
	2 5 M	5 0 M	
PB		00:37.22	
		00:37.22	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:43
Heat: 5/11 Lane : 2 Athlete: DILLEN HANNE			Q-time: 00:34:64
PB (25m pool): 00:36.28 Nijlen 16/11/2025			PB (50m pool): 00:34.64 SB: no time
	2 5 M	5 0 M	
PB		00:36.28	
		00:36.28	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:44
Heat: 6/11 Lane : 5 Athlete: NEUVILLE ALIZÉE			Q-time: 00:33:18
PB (25m pool): 00:33.18 LEUVEN 23/11/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:33.18	
		00:33.18	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:45
Heat: 7/11 Lane : 2 Athlete: GEELEN GUUSJE			Q-time: 00:32:34
PB (25m pool): 00:32.78 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:32.34 SB: no time
	2 5 M	5 0 M	
PB		00:32.78	
		00:32.78	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:46
Heat: 8/11 Lane : 1 Athlete: NEUVILLE AXELLE			Q-time: 00:31:97
PB (25m pool): 00:32.15 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:32.15	
		00:32.15	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:46
Heat: 8/11 Lane : 4 Athlete: VAN BUGGENHOUT ISHANA			Q-time: 00:31:56
PB (25m pool): 00:31.56 Turnhout 02/03/2025 PB (50m pool): 00:36.23 SB: no time			
	2 5 M	5 0 M	
PB		00:31.56	
		00:31.56	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:46
Heat: 8/11 Lane : 5 Athlete: BASSTANIE LIENE			Q-time: 00:31:70
PB (25m pool): 00:31.78 Hoogstraten 28/09/2025 PB (50m pool): 00:32.25 SB: no time			
	2 5 M	5 0 M	
PB		00:31.78	
		00:31.78	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:47
Heat: 9/11 Lane : 5 Athlete: CLAES JADE			Q-time: 00:31:02
PB (25m pool): 00:31.47 Nijlen 16/11/2025 PB (50m pool): 00:31.02 SB: no time			
	2 5 M	5 0 M	
PB		00:31.47	
		00:31.47	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 15: 50M FREESTYLE MEN 11+			Heat:2, starttime: 16:52
Heat: 2/10 Lane : 3 Athlete: VANHAESEBROECK LOUIS-EMILE			Q-time: 00:34:93
PB (25m pool): 00:34.93 Nijlen 16/11/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:34.93	
		00:34.93	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:2, starttime: 16:52
Heat: 2/10 Lane : 4 Athlete: LENAERTS RUBEN			Q-time: 00:35:71
PB (25m pool): 00:35.71 Aarschot 26/04/2026			PB (50m pool): 00:36.00 SB: no time
	2 5 M	5 0 M	
PB		00:35.71	
		00:35.71	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:53
Heat: 3/10 Lane : 4 Athlete: VAN DOOREN WITSE			Q-time: 00:32:83
PB (25m pool): 00:34.94 Aarschot 04/05/2025			PB (50m pool): 00:32.83 SB: no time
	2 5 M	5 0 M	
PB		00:34.94	
		00:34.94	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:53
Heat: 3/10 Lane : 5 Athlete: SEYMUS AXEL			Q-time: 00:33:40
PB (25m pool): 00:34.38 Herentals 18/05/2024			PB (50m pool): 00:33.40 SB: no time
	2 5 M	5 0 M	
PB		00:34.38	
		00:34.38	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 15: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:53
Heat: 3/10 Lane : 6 Athlete: CAMBRÉ ARTHUR			Q-time: 00:33:97
PB (25m pool): 00:33.97 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:33.97	
		00:33.97	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:55
Heat: 5/10 Lane : 4 Athlete: GISCA DANIIL			Q-time: 00:29:82
PB (25m pool): 00:29.82 Aarschot 26/04/2026			PB (50m pool): 00:30.59 SB: no time
	2 5 M	5 0 M	
PB		00:29.82	
		00:29.82	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:7, starttime: 16:57
Heat: 7/10 Lane : 5 Athlete: VERDONCK STAN			Q-time: 00:27:85
PB (25m pool): 00:27.85 Aarschot 26/04/2026			PB (50m pool): 00:29.61 SB: no time
	2 5 M	5 0 M	
PB		00:27.85	
		00:27.85	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:8, starttime: 16:58
Heat: 8/10 Lane : 1 Athlete: KEKEC SAMIR			Q-time: 00:27:06
PB (25m pool): 00:27.06 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:27.74 SB: no time
	2 5 M	5 0 M	
PB		00:27.06	
		00:27.06	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 16: 4x50M MEDLEY MIXED							Heat:2, starttime: 17:25	
Heat: 2/3 Lane : 4 Athlete: TEAM ZN 3							Q-time: 02:21:33	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:3, starttime: 17:27	
Heat: 3/3 Lane : 5 Athlete: TEAM ZN 1							Q-time: 02:07:08	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:3, starttime: 17:27	
Heat: 3/3 Lane : 6 Athlete: TEAM ZN 2							Q-time: 02:11:17	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: